

# You Are in My Heart

Dear Ones of my Heart,

Istand in your midst this day! Wherever you may be, know that I, Saint Germain, stand beside you during my address. For by Dispensation, and by the simple act of petitioning my Heart to become a Torch Bearer of The Temple, you have come under my gaze, and merited my attention directly invested in your life where the tie Heart-to-Heart is never lost. Be assured that, wherever possible, I will indeed set aside those human struggles, returning karmas, and any appearance of lack present in your life — as long as you maintain your calls to the Violet Flame, and sustain the honor and respect that you are to afford your own God Presence in all the affairs of your life.

For is this not a prerequisite of being a Torch Bearer of The Temple? There are always those naysayers who would stand on the sidelines and think, "The Temple is only another so-called 'organization.' It is only another manmade fellowship. And who needs another fellowship to belong to?" But I tell you, those so fortunate as to benefit from the tie with my Heart throughout the ages, know that I AM steadfast in my allegiance! That I hold high my commitment to those Hearts that trust and have faith that I will be by their side in the dark of night whenever travail or troubles might arise.

## I Have Fulfilled My Commitment

But as is always known, it requires two Hearts, both willing, to be engaged. It is not enough for just my Heart to desire to have you tethered to the Heart of your God Presence. It is not enough for you to simply desire my Heart tethered to yours.

There are sacred vows and commitments that must be kept by both parties for there to be a valid agreement for us to enter into this Fellowship with one another. I have kept my part. I have stood in the Great Hall in the Great Central Sun. I have petitioned the Lords of Karma to release Dispensation after Dispensation for the Sons and Daughters of God and, yes, for the Torch Bearers of The Temple. Countless times I have come to your assistance with a release of Violet Flame sufficient to clear all debris from your consciousness. Numberless times I have engaged the Love of my Heart to embrace you, to comfort you, to assist you when you have not known which way to turn.

### Your Responsibility

I merely ask you to keep the watch, to hold fast to the Heart Flame of your own God Presence, to understand that your first allegiance is to the Mighty I AM. That you have no other Gods before the I AM THAT I AM. That you understand that to enter into a relationship with the Heart of Saint Germain requires that you likewise enter into a correct relationship with my Anointed Messengers. That you not speak ill of your brothers and sisters on the Path. That you hold them in the high esteem of the Office of their Christhood. That you cultivate the ability to see beyond the momentary travails of their own maya and illusions. That you keep the watch with your brothers and sisters whenever there is a need to hold the balance for returning karma. That by the Violet Flame you clear away the human debris, which might otherwise create such burden as to drown a lifestream beneath the karmic wave. That you follow my example and cultivate an understanding and compassionate Heart.

Is this too much to ask? Throughout the ages, every Fellowship of the Brotherhood operating in the physical octave has been called to perform those selfsame acts of kindness, consideration, honor, and respect that transcend human ability. You are beginning to understand more and more of the Profound nature of the Office of your Christhood. You know what is required to engage the Heart — the Sacrifice, the Wisdom and, yes, the surrender to the Will of God. Likewise, will you afford your brothers and sisters their own similar opportunity to rise God Victorious in all things presented to them by their Presence, by their Ascended Master sponsors, and by the covering cherubim who attend to the altar of their Heart? Will you not afford them the grace and opportunity to attain their Victory? All the while holding the balance with your calls, your prayers, even your silent assistance, knowing that at some point you yourself either have been or will be assisted by that very one whom you help.

#### I Honor Your Flame

Again, Blessed Hearts, for such a Fellowship to occur, it takes two to participate. Surely you are aware that I honor the Flame of God burning upon the altar of your Heart, that I see beyond the foibles of your human creation, that I understand the Path that you walk and in which you are engaged in this incarnate life — gaining your Mastery, gaining Attainment over these planes of consciousness concentrated in the physical octave.

Oh, how I treasure your lifestreams! For I depend upon your immediate presence in the Earth to facilitate our Mission, the joint Mission that you and I are mutually engaged in, the sacred Mission to expand the Teachings of the Masters, by the shining example and by the release of the Word — spoken, written, and published — far and wide by any and every means available to you.

There are so many areas in which each one of you are called upon to serve.

I understand how difficult it seems on occasion for you to transmute your karma. This is why I have petitioned the Karmic Board to expand and multiply each of your calls, so that you can have the maximum opportunity to establish your Christhood, to stand as the example of one who both understands and practices the science of the spoken word and is able to accelerate their vibration. My praise is not meant for you to lord over others or to be singled out as an exclusive, proud, or superior person. No, Beloved. Rather so that you might set the example for others to follow, leaving, as you take your Ascension, a burst of Light, a history of your lifestream that tells the tale of one Son or Daughter who has entered into the great Oneness of the Light of God, has expanded that Light, has treasured that Light, and has moved into the Oneness of their God Presence for all eternity.

O Blessed Hearts, with great Gratitude I, Saint Germain, bow before the Flame upon the altar of your Heart. I extend my Heart to you so that you might know that in me there is one Son of Heaven who will not leave your side — save you bid me go. That there is one whom you can count on at any time. That there is one who will petition the Lords of Karma at every turn. And that there is one who will stand in the Holy of Holies with you and proclaim your Victory!

## The Law of The One

When you understand the Law of the One, you will also understand that where I AM, there is the Entire Spirit of the Brotherhood of Light. And wherever there is one Ascended or Cosmic Being, know that the whole fabric

of God responds to your every need, to your every petition! In due time, all are answered. What remains to be seen is what you will do when those petitions are answered, when those calls are satisfied. Will you be up to the task of holding to the Light sufficient to transfer its sustained momentum into every area of life requiring change, requiring transmutation? Perhaps you have not considered that your God Presence desires to give you more Light, just as I, Saint Germain, desire to give you more of the expansion of my Heart Flame. But because you have not yet attained to the disciplines required to contain that much Light, that much Love, your own God Presence tempers and mitigates how much Light is in fact lowered into your outer vehicles.

Certainly in the Ascended Octaves, your own God Presence is able to expand its Heart Flame sufficient to all needs and all Love. But when it comes to the Threefold Flame as it resides close to you, are you able to release that Light and Love through your thought and feeling world, through your physical body?

This is what our training is all about, is it not? In order that you can expand that Light so that you can positively accelerate the Light of your Presence to become more of the God Identity you conceive yourself to be in this physical octave. Yes, to achieve more of that Divine Plan which you are to accomplish before your Ascension. To express and desire more than your own heart, mind, or emotions are able to produce on their own.

## Practical Self Mastery

Many desire much, but know not how to discipline these bodies. This training in practical self mastery is what the Teachings of the Ascended Masters are all about! This is why you are called to the feet of the Masters to hear directly from high in the Ascended Octaves the pure Teaching, the unadulterated Truth of the Law, the Fire, and yes, Blessed Hearts, the God Vibration of the Ascended Master Octave. For this is the World that you desire to enter and none other! And you do this by expanding the Love of your Heart, by garnering Wisdom and fulfilling the Will of God. The more you are able to engage in the outpouring of the Life, Light, and Love of your God Presence, the more quickly will you see results.

Those results, Blessed Hearts, come forth as Attainment, as Mastery, as the ability to express more of your Christhood through the Virtues of the Christ, to radiate more of the Light of your own God Presence, and yes, of the Angelic Kingdom and of the Ascended and Cosmic Beings through your outer vehicles. All this so that you might have a greater opportunity to fulfill your Divine Plan and to see that the Mission of the Ascended Masters is

carried off in a timely fashion in accordance with the Karmic Board and the inner blueprint and pattern ordained by the Cosmic Councils.

### We, Together, Will Bring in the Golden Age

I have described all this to you in this intimate setting so that we, together, might agree that the Golden Age shall come forth! That you will fulfill your Fiery Destiny and you will ascend. We agree together that the Fullness of the Light of God will be anchored in the Earth; that these Teachings of Cosmic Law will be available for all Sons and Daughters of God to partake; that through the calls that we together make, there will be a rolling back of all negativity that would oppose the Light of the Christ; that we, together, resolve that the Earth will be free!

This is why we have our Fellowship. This is why you are a Torch Bearer of The Temple. So that we, together, might agree upon the high and holy calling for which you have entered into Incarnation — and for which I, Saint Germain, have laid out the blueprint for the next 2000-year cycle! We together — in the Heart.

Blessed Ones, I began by tracing for you the utmost importance of the honor and respect required of your lifestream for one another, for my Mission, and for my Messengers. You have, indeed, pledged your lifestream to upholding that commitment in all honor. Know well that I, Saint Germain, will not fail to assist you in all those monumental tasks which you are called upon to fulfill — so long as it is in accord with the Will of your Presence, and so long as you continue to fulfill every necessity of the Law.

Understand, that for the demands of the Law to be satisfied, it requires that you maintain the outer disciplines: engaging in the Violet Flame; calling forth the Light of your own God Presence into your midst; transmuting your returning karma; clearing away of all debris that might be lodged within the folds of your garment as negativity, misconception, or any form of maya and illusion.

You are likewise called upon to fan the Flames of Gratitude to your own God Presence for Opportunity — the opportunity to breathe, to sense the beating heart within your breast, to have the Flame burning brightly upon the altar of that Heart, to abide secure in the certain knowledge imparted to you by the Teachings of the Ascended Masters, to have in your midst the Anointed Messengers, and to have a Brother of Heaven in my Heart Flame standing beside you.

This Gratitude binds us together as sure as any vow and commitment has ever forged. I hold it most sincerely as the Love of my Heart for the Love of God within you. On this and every day, I, Saint Germain, expand the Love of my Heart in the greatest outpouring that can lawfully be shared with each one who has engaged in our Fellowship as a Torch Bearer of The Temple.

You are protected. You are loved. And you are in my Heart!

Saint Germain



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